

## Join the Voices for Recovery



Commissioner Alfred F. Ambrosini, Chairman, Commissioner Angela M. Zimmerlink, Christina Castor, Commissioner Vince Zapotosky and James Hooper.

On August 21, the Fayette County Commissioners signed a proclamation to honor *National Recovery Month* this September and to raise awareness that prevention works, treatment is effective, and people recover from mental and/or substance use disorders. Joining them at this public event were James Hooper and Christina Castor, both celebrating their accomplishments as individuals in recovery.

According to recent data released by the Substance Abuse and Mental Health Services Administration (SAMHSA), in 2010, 2.6 million people aged 12 or older who needed treatment for an illicit drug or alcohol use problem received treatment at a specialty facility in the past year. Also, 31.3 million adults aged 18 or older received mental health services during the past 12 months. This is an all-too-common problem, and it's imperative that individuals in Fayette County understand that the benefits of preventing and overcoming mental and/or substance use disorders are significant and valuable.

Last year, 164 proclamations were issued nationwide, including one by the President of the United States. The signing of the proclamation is part of the 23rd observance of *Recovery Month*, sponsored by SAMHSA. This year's theme is "Join the Voices for Recovery: It's Worth It".

If you would like more information about local behavioral health services and supports please contact Fayette County Behavioral Health Administration at 724-430-1370 or visit our website at [www.fcbha.org](http://www.fcbha.org)