



# Fayette County Plans of Safe Care

**Plans of Safe Care (POSC) is a free program available for infants affected by prenatal substance exposure and pregnant women struggling with addiction and recovery**

## What is Plans of Safe Care?

A Plan of Safe Care (POSC) directs services and supports to provide for the safety and wellbeing of an infant affected by prenatal substance exposure, withdrawal, or FASD, including services for the infant and their family/caregiver.

Plans are developed by a Community Specialist who will assess the needs of the family and provide direct support to meet goals.

Services start where the client is and assist them with getting the services they need or getting back on track with previous services.

### Services include:

- Complete Biopsychosocial assessment completed at first visit to identify family needs, strengths, and resilience
- Help mothers and caregivers get immediate services and resources to stabilize families and create long term wellness goals
- Wide range of assistance includes help with obtaining documents, food, employment, or re-establishing benefits
- Incentives such as gift cards or infant care items can be earned by meeting goals
- Collaboration across service providers to help families meet their needs based on their own strengths and barriers
- Transportation provided along with goals to establish independent transportation strategies
- Frequent and direct follow up providing guidance and high levels of direct support to help families succeed
- Support is provided to help families meet the unique needs of infants affected by prenatal substance exposure to promote bonding and safe care

### SAI Program

Referral is made when a newborn infant or child under age 1 is identified to have signs and symptoms of prenatal substance exposure. Referrals usually come from the hospital or other providers involved in the care of the child. Face to Face contact is initiated within 24 hours of referral and service eligibility continues until the child reaches 1 year of age.

### Pregnancy Program

Referral can be made at any stage of pregnancy. Referrals can come from providers or self-referrals. Services begin during pregnancy and continue for 6 weeks after birth, with a minimum of two in-home visits per week after the baby is born to provide support. If the baby exhibits symptoms of substance exposure, then eligibility for the SAI program will begin.

*Get information*

*make a referral*

*self-refer*

**Call/text** (724)880-6909

**Email** [plansofsafecare@fccys.org](mailto:plansofsafecare@fccys.org)

**Visit** <https://www.fayettecountypa.org/879/Plan-of-Safe-Care-Program>